

## **MEALS**

☐ **Eddie Davis Community Center**

1312 Maple Street (515)277-1103

[www.eddiedaviscenter.org](http://www.eddiedaviscenter.org)

-Lunch: 11:00 am – 1:00 pm Monday – Friday

Zip code 50309

☐ **Central Iowa Shelter & Services**

1420 Mulberry Street (515)284-5719

[www.centraliowashelter.org](http://www.centraliowashelter.org)

-Lunch: 11:30 am – 12:30 pm Monday thru Friday

☐ **Iowa Homeless Youth Centers**

701 Grand Avenue (515)883-2379

[www.iowahomelessyouth.org](http://www.iowahomelessyouth.org)

-Lunch: 12:00 pm Monday, Wednesday, Friday & Saturday  
(Connection Café)

-Dinner: 4:30 pm Monday thru Friday (Community Kitchen)

Zip Code 50310

☐ **WIC (Women, Infant & Children)**

2300 Euclid Avenue, Suite D (515)282-5800

-Monday thru Friday: 8:00 am – 4:30 pm

-Provides women who are pregnant or parenting young children with nutrition education, and monthly assistance in purchasing supplemental foods

Zip Code 50311

☐ **Polk County Senior Center**

2008 Forest Avenue (515)286-3677

-Dinner: 4:30 pm Monday thru Friday

Zip code 50314

☐ **Des Moines Catholic Worker House – Bishop Dingman House**

1310 Seventh Street (515)243-0765

[www.desmoinescatholicworker.org](http://www.desmoinescatholicworker.org)

-Food Pantry & Bread Giveaway: 12:00 pm – 7:00 pm Sun, Tues – Sat.

-Lunch: 12:00 pm – 2:00 pm Sun, Tues, Thurs-Sat.

-Dinner: 6:00 pm Sun, Tues, Thurs-Sat.

-Also Daytime Drop-In Hospitality (Bathroom, Shower, Phone & Toiletries)

☐ **Children & Family Urban Ministries**

[www.cfum.org](http://www.cfum.org)

1548 Eighth Street (515)282-3242

-Breakfast: 6:15 am – 8:00 am Monday thru Friday

-Dinner: 4:45 pm – 5:30 pm Monday thru Saturday

-Fall, Spring & Summer Breaks: Breakfast: 6:15 am – 8:05 am

☐ **Hope Ministries – Hope Café**

1310 Sixth Avenue (515)244-5445

[www.hopeiowa.org](http://www.hopeiowa.org)

-Open every day; year-round free to men, women and children

-Breakfast: 7:00 am -Lunch: 12:00 pm -Dinner: 5:00 pm

-Sunday: Breakfast: 8:00 am, Lunch: 1:30 pm

☐ **Salvation Army**

1326 6th Avenue (515)282-3599

-Breakfast: 5:00 am – 7:30 am Tuesday and Friday

## **FOOD PANTRIES**

Zip Code 50131

☐ **Johnston Food Pantry (Partnership Place)\***

5870 NW Merle Hay Road, Suite D

-Serves Johnston School District geographic area

-Tuesday & Saturday: 10:00 am – 2:00 pm

-Closed Holidays & Holiday Weekend

Zip Code 50263

☐ **Waukee Area Christian Services Food Pantry**

1155 SE Boone Dr. (515) 987-5523

Waukee, IA 50263

Mondays 4-6 pm

Thursdays: 9-11 am

## Zip Code 50265

### **Commerce Community Church Food Pantry**

4007 High Street, WDM (515)225-6651  
-Monday thru Friday: 9:00 am – 4:30 pm  
-Proof of Income

### **Eddie Davis Community Center**

1312 Maple Street (515)277-1103  
www.eddiedaviscenter.org  
-Lunch: 11:00 am – 1:00 pm Monday – Friday

### **West Des Moines Human Services \***

318 Fifth Street (515)222-3660  
www.wdm-ia.com  
-Monday, Tuesday, & Thursday: 9:00 am – 12:30 pm & 1:30 pm – 3:00 pm  
-Wednesday & Friday: 9:00 am – 12:00 pm

## Zip Code 50309

### **Iowa Homeless Youth Centers (Downtown Emergency Food Pantry)\***

701 Grand Avenue (515)243-1381  
-Monday, Wednesday & Friday: 10:00 am – 2 pm

## Zip Code 50310

### **DM Area Religious Council**

3816 36<sup>th</sup> Street (515)277-6969  
www.dmreligious.org  
-Monday thru Friday (for Donations and Food Pantry Boundaries)  
DMARC Food Pantry Sites (Must live within food pantry boundaries)

### **First Assembly of God**

2725 Merle Hay Road (515)327-0171  
-Monday, Wednesday & Friday: 11:00 am – 12:00 pm  
-Thursdays: 6:00 – 8:00 pm

### **First Federated Church**

4801 Franklin Avenue (515)255-2122  
-Tuesday: 9:00 am – 11:00 am

### **Hickman Road Church of Christ**

5217 Hickman Road (515)282-3505  
-By Appointment -Social Security Needed

☐ **Polk County Supplemental Food Program**

2309 Euclid Avenue (515)286-3655

☐ **Proteus, Inc.**

3115 Douglas Avenue (515)271-5306 ext. 122

www.proteusinc.net

-Monday thru Friday: 8:00 am – 5:00 pm

Zip Code 50311

☐ **Cross Ministries / Cottage Grove Food Pantry \***

1050 24<sup>th</sup> Street (515)279-8877

-Wednesday: 3:30 pm – 6:30 pm -Saturday: 9:00 am – 12:00 pm

☐ **Forest Avenue Community Services Site Office**

2011 Forest Avenue (515)248-6216

-Monday – Friday: 9:00 am – 12:00 pm & 1:00 pm – 3:00 pm

-Thursday: 1:00 pm – 3:00 pm

-Required Documentation: Proof of Residence & Photo ID for each family Member

☐ **Polk County Food Stamp Program**

1200 University Avenue (515)283-9238

-Monday thru Friday: 8:00 am – 4:30 pm

-Must come before 4:00 pm for application

Zip Code 50314

☐ **Community Services Site on 6<sup>th</sup> (Des Moines Community Action Agency)\***

1618 6<sup>th</sup> Avenue (515)248-6241

-Monday, Wednesday & Friday: 11:00 am – 12:45 pm & 3:00 pm – 4:45 pm

-Tuesday & Thursday: 11:00 am – 12:45 pm & 3:00 pm – 6:45 pm

☐ **Friendship Baptist Church**

1526 Martin Luther King Parkway (515)244-1701

-Last Thursday of the Month: 4:30 pm – 5:30 pm

-Proof of Residence & Photo ID

☐ **St. Benedict Mission**

1224 MLK Jr. Parkway (515)244-2986

-Monday & Friday: 2:30 pm – 4:30 pm

☐ **Salvation Army Temple (West) \***

1330 Sixth Avenue (515)282-3422

-Monday: 9:30 am – 12:00 pm & 1:00 pm – 3:30 pm

-Tuesday & Friday: 9:00 am – 12:00 pm & 1:00 pm – 3:30 pm

Zip Code 50315

- Bidwell-Riverside Center \***  
1203 Hartford (515)244-6251 ext. 213  
-Monday-Wednesday & Friday 10:00 am – 12:00 pm and 1:00 pm – 3:00 pm  
-Thursday: 1:00 pm – 7:00 pm

Zip Code  
50316

- Christ Apostolic Temple**  
1235 Sampson (515)265-  
2417  
-Tuesday and Thursday: 10:00 am – 2:00  
pm
- Christian Life Assembly**  
2200 Rittenhouse, Suite 190 (515)953-0322  
-Monday thru Friday: 8:30 am – 5:00 pm
- St. Mary's Family Center \***  
1815 Hubbell Avenue (515)262-7290  
-Monday thru Friday: 10:00 am – 3:30 pm

Zip Code 50317

- Lee Town Assembly of God Church**  
2720 State (515)265-3784  
-Monday thru Friday: 8:00 am – 5:00 pm  
-Thursday Walk-Ins: 8:00 am – 4:00 pm  
-Proof of Residence

Zip Code 50322

- Urbandale Food Pantry**  
7611 Douglas Avenue, Ste 34/35, Urbandale (515)251-6688  
-Monday, Wednesday & Thursday: 10:00 am – 2:00 pm  
-Monday: 5:30 pm – 7:30 pm

## **SNAP BENEFITS**

<https://hhs.iowa.gov/food-assistance/SNAP>

## **LASAGNA LOVE**

<https://lasagnalove.org/>