

## **EMERGENCY SHELTER**

Zip code 50309

☐ **Central Iowa Shelter & Services**

1420 Mulberry Street (515)284-5719

[www.centraliowashelter.org](http://www.centraliowashelter.org)

-Men and Women Only

-7 days a week: 4:00 pm – 8:00 am Daily

-Provides shelter for men and women ages 18 and over.-Provides meals, laundry, transportation and health clinic

## Zip Code 50310

### **Des Moines Area Interfaith Hospitality Network (Families)**

4114 Allison Avenue (515)277-7051

[www.dmihn.org](http://www.dmihn.org)

-Day Center Open: Sunday thru Friday: 7:00 am – 5:00 pm

& Saturday: 10:00 am – 5:00 pm

-Provides shelter, meals, and case management to homeless families with minor children

### **Freedom for Youth Ministries (Youth)**

2301 Hickman Road (515)282-4822

-Monday thru Friday (by phone): 9:00 am – 5:00 pm

-Program: Tuesday & Thursday: 3:00 pm – 7:00 pm

Saturdays: 12:00 pm - 4:00 pm

-Training programs, meals, and recreation for at risk youth ages 13 to 17

-No overnight stays allowed **-NO COST**

### **Polk County General Assistance (Families)**

2309 Euclid Avenue (515)286-2088

-Monday thru Friday: 8:00 am – 4:30 pm

-Can offer emergency assistance to families in need of shelter or housing

-Workers stop interviewing at 3:45 pm.

## Zip Code 50312

### **New Directions Shelter (Women and Children Only)**

3001 Grand Avenue (515)243-7456

-7 days a week, 24 hours

-Provides shelter, food and services for women with children only

-30 Day maximum stay. Does not accept families in a domestic violence situation. **-NO COST**

## Zip Code 50314

### **Hope Ministries Bethel Mission (Men Only)**

1310 Sixth Avenue (515)244-5445

[www.hopeiowa.org](http://www.hopeiowa.org)

-7 days a week, 24 hours:

-Phones answered 24 hours a day

-108 Bed Emergency Shelter providing three meals a day, clothing, shelter, laundry, health clinic, counseling, case management, street outreach and support services for men ages 18 and older

☐ **Harbor of Hope Mission (Men Only)**

1617 Oakland Street (515)244-0370

-7 days a week, 24 hours

-Provides shelter to adult men who are non-violent and alcohol/drug free

**-COST:** First Night: No Cost

☐ **St. Joseph Emergency Family Shelter (Families)**

1535 11<sup>th</sup> Street (515)282-1235

-7 days a week, 24 hours

-Provides emergency shelter, 3 meals, laundry and case management to homeless families with minor children.

-There is a maximum stay of 30 days-**NO COST**

Zip 50316

☐ **Iowa Homeless Youth Centers (Youth)**

1219 Buchanan Street (515)265-1222

-7 days a week, 24 hours

-Provides shelter, food, case management, street outreach and health care for males and females ages 16-21 at the Buchanan Center.

-Provides transitional housing for parenting or pregnant women ages 16 to 25 at the Lighthouse Host Home. **-NO COST**

## **TEMPORARY HOUSING**

Zip 50265

☐ **Four Oaks Family Living Center (Families)**

2150 Vine Street #1211 (515)261-3719

-Monday thru Friday: 8:00 am – 5:00 pm

-Offers 10 transitional housing apartment units for families with minor children

☐ **West Des Moines Human Services (Families)**

318 5<sup>th</sup> Street (515)222-3660

-Monday thru Friday: 8:00 am – 4:00 pm

-Transitional housing program for families **-COST:** Based on income

Zip 50309

☐ **Beacon of Life (Women Only)**

1717 Woodland Avenue (515)244-4713 ext. 13

-Provides transitional housing, meals and support services to women ages 18 and over.

-Must obey rules, curfew, no drugs and must look for work

☐ **YMCA Central IA Supportive Housing**

2 SW 9<sup>th</sup> Street (515)288-2424

-Monday thru Thursday: 7:00 am – 7:00 pm

-Friday: 7:00 am – 12:00 pm

-Transitional housing for men ages 18 and over **-COST:** Based on 30% of income

Zip 50312

☐ **Home Connection**

3001 Grand Avenue (515)244-9748

[www.thehomeconnection.org](http://www.thehomeconnection.org)

-Monday thru Friday: 8:00 am – 5:00 pm

-Provides housing to homeless families with minor children for periods up to two years. Helps families obtain resources and permanent living situations.

**-COST:** Varies

Zip 50313

☐ **Promise House (Freedom for Youth)**

3100 6<sup>th</sup> Avenue (515)282-4822

[www.freedomforyouth.org](http://www.freedomforyouth.org)

-Transitional Housing for young men 18-22 years

Zip 50314

☐ **Annie's House (Women Only)**

1136 Martin Luther King (515)243-1903

-7 days a week, 24 hours

-Offers transitional housing for women only. Mostly ex-offenders

**-COST:** \$75.00 per week

☐ **House of Mercy (Families)**

1409 Clark Street (515)643-6500

[www.houseofmercydesmoines.org](http://www.houseofmercydesmoines.org)

-7 days a week, 24 hours

-Provides transitional housing and support for women and women with children. Programs are available for homeless women with substance abuse issues. Counseling, medical care, employment preparation and child care are all available to residents.

☐ **Lighthouse Host Home (Youth)**

1216 Martin Luther King (515)288-7884

-Monday thru Friday: 8:00 am – 5:00 pm

-Provides housing for 6 homeless pregnant or parenting young women (ages 16 to 25) and their children for up to 2 years. Support services include

employment skills, education, parenting skills, and case management. **-NO COST**

Zip 50315

☐ **Hope Ministries Door of Faith (Men Only)**

6701 SW 9<sup>th</sup> Street (515)974-0545

[www.hopeiowa.org](http://www.hopeiowa.org)

-Phone answered 24 hours a day

-A 102 bed long-term recovery center for homeless and displaced men. Two programs offered – Men's Residence and the STAR program. Continuum of Care offering life-skills, recovery and spiritual growth classes, 3 meals a day, free clothing, laundry, case management, dental & eye care, transitional housing and support services for men ages 18 and over.

Zip 50316

☐ **Buchanan Transitional Living Center (Youth)**

1219 Buchanan Street (515)265-1222

-7 days a week, 24 hours

-Transitional housing program for youth ages 16 to 21. Offer supportive services to assist youth in employment, health and moving into permanent housing. **-NO COST**

## **RENTAL HOUSING**

Zip 50309

☐ **Anawim Housing**

921 6<sup>th</sup> Avenue, Suite B (515)244-8308

[www.anawimhousing.org](http://www.anawimhousing.org)

-Monday thru Friday: 8:30 am – 5:00 pm

-Offers a rental program for individuals and families.

-Also offers a shelter plus care program that serves homeless individuals/families with disabilities (including mental illness, substance abuse or HIV/AIDS).

-Supportive services are available to help residents obtain resources and meet long term housing needs. **-COST:** Varies based on income

Zip 50111

☐ **Central Iowa Regional Housing Authority (Serves Boone, Dallas, Jasper, Madison, Marion and Story Counties)**

1201 Gateway Drive (515)986-1882

[www.cirhahome.org](http://www.cirhahome.org)

-Monday thru Friday: 8:00 am – 4:30 pm

-Assists qualified low income families with rental assistance through public housing program and the housing choice voucher program.

-**COST:** Based on income. The family/individual pays between 30 & 40 percent of their monthly income toward rent.

Zip 50314

☐ **Oakridge Neighborhood**

1236 Oakridge Drive (515)244-7702

-Monday thru Friday: 8:30 am – 5:00 pm

-Provides subsidized housing for families

-Support services are available to help residents obtain services, find employment and education

-**COSTS:** Based on income