

Iowa Resources

Category	Tags / Other Category	Name	Location	Contact #	Website	Description
Behavioral Health		211 Iowa	Iowa	211	https://www.211iowa.org/	211 is a free, comprehensive information and referral system linking Iowa residents to health and human service programs, community services, disaster services and governmental programs. 211 is a one-stop source of information for people looking for servi
Behavioral Health	Healthcare	American Academy of Psychotherapists	National	518-240-1178	https://www.aapweb.com/	The American Academy of Psychotherapists gives information to help find a psychotherapist.
Behavioral Health	Healthcare	American Psychiatric Association	National	202-559-3900	https://www.psychiatry.org/	The American Psychiatric Association gives news and advocacy information.
Behavioral Health	Healthcare	American Psychological Association	National	(800) 374-2721 or (202) 336-5500	https://www.apa.org/	APA is the leading scientific and professional organization representing psychology in the United States, with more than 133,000 researchers, educators, clinicians, consultants and students as its members.
Behavioral Health	Mental Health	Anxiety and Depression Association of America	National	240-485-1001	https://adaa.org/	ADAA is an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders through the alignment of science, treatment, and

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						education.
Behavioral Health	Disability Services, Youth	ASK Resource Center	Iowa	1-800-450-8667	https://askresource.org	ASK (Access for Special Kids) Resource Center is a parent training, information, and advocacy center for families of children with special needs across the state of Iowa.
Behavioral Health	Disability Services	Autism Society of Iowa	Iowa	515-327-9075	https://autismia.com	The Autism Society of Iowa is a statewide non-profit advocacy organization dedicated to improving the lives of children and adults with Autism Spectrum Disorders.
Behavioral Health	Healthcare	ClinicalTrials.gov	National		https://www.clinicaltrials.gov/	ClinicalTrials.gov is a database of privately and publicly funded clinical studies conducted around the world.
Behavioral Health	Mental Health	Depression & Bipolar Support Alliance (DBSA)	National	312-642-0049 or 800-826-3632	https://www.dbsalliance.org/	DBSA is the nation's leading patient-directed organization focusing on the most prevalent mental illnesses – depression and bipolar disorder.
Behavioral Health	Mental Health	Eating Disorder Coalition of Iowa	Iowa	edci@edciowa.org	https://www.edciowa.com/	The mission of the Eating Disorder Coalition of Iowa (EDCI) is to prevent eating disorders and to serve as a catalyst of hope, acceptance, understanding and healing for all impacted by eating disorders.
Behavioral Health	Mental Health	Foundation 2	Iowa	(319) 362-2174 or 1-800-332-4224	https://foundation2.org/	Foundation 2 is a non-profit human service

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						agency that offers crisis prevention and intervention programs to people of all ages.
Behavioral Health	Disability Services	InfoNet	Iowa		https://www.infonetiowa.org/	InfoNet (A publication of the DD Council) provides Iowans with disabilities the information they need to take action.
Behavioral Health	Mental Health, Healthcare	Integrative Medicine for Mental Health Clinician Registry	Iowa		http://www.integrativemedicineformentalhealth.com/registry.php	The registry is a list of clinicians who can assess and treat Mental Health disorders (i.e., depression, bipolar disorder, sleep disorders, OCD, anxiety disorder, AD(H)D, eating disorders, etc.) based on an integrative medical approach.
Behavioral Health	Disability Services	Iowa Developmental Disabilities Council	Iowa		https://iowaddcouncil.org/	Iowa's Developmental Disabilities Council was created in response to a federal law, the Developmental Disabilities Assistance and Bill of Rights Act. The purpose of the law is to assure that people with developmental disabilities and their families help d
Behavioral Health	Mental Health, Youth	NAMI Iowa's Children's Mental Health Resources	Iowa		https://namiiowa.org/wp-content/uploads/sites/11/2022/01/CMHR.pdf	This book was funded by Magellan Behavioral Care of Iowa, Inc.'s Community Reinvestment Project.
Behavioral Health	Mental Health	Schizophrenia & Psychosis Action Alliance	National		https://sczaction.org	Schizophrenia and Psychosis Action Alliance's mission is to create a movement for systemic change to

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Behavioral Health	Mental Health, substance use	Your Life Iowa	Iowa	855-581-8111	https://www.yourlifeiowa.org	Your Life Iowa provides free, confidential support and connect you to resources meant to help you get your life back on track.
Community Living and Employment	Mental Health, youth	Boys Town	National	800-448-3000	https://www.boystown.org/hotline/Pages/default.aspx	Boys Town provides information for youth and caregivers of children struggling with mental health issues.
Community Living and Employment	Youth, Mental Health	Cameron Carico +10 Foundation	Iowa	913-221-1627	https://ccplus10.org	The Cameron Carico +10 Foundation promotes happy and healthy students and families in Central Iowa through suicide prevention and mental health education.
Community Living and Employment	Disability Services, Youth	Children and Adults with Attention Deficit/Hyperactivity Disorder	National	301-306-7070	https://chadd.org/	CHADD provides resources to parents, educators and professionals on a grassroots level through local CHADD chapters.
Community Living and Employment	Substance Use	Clearinghouse for Alcohol/Drug Info	National	202-366-4000	https://clearinghouse.fmcsa.dot.gov/	The Clearinghouse is a secure online database that gives employers, the FMCSA, State Driver Licensing Agencies (SDLAs), and State law enforcement personnel real-time information about commercial driver's

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						license (CDL) and commercial learner's permit (CLP)
Community Living and Employment	Disability Services	Conner Training Connection	Iowa	319-353-6448	https://www.disabilitytraining.org/	The Conner Training Connection's mission is to support Iowans with disabilities to live as fully participating members of their communities through the provision of training resources and technical assistance to consumers, their family members and service
Community Living and Employment		Counseling Degree	National		https://www.counselingdegree.com/	The site contains a list of over 80 accredited counseling degrees.
Community Living and Employment	Mental Health	F.E.A.S.T. (Families Empowered and Supporting Treatment of Eating Disorders)	National		https://www.feast-ed.org/	F.E.A.S.T. is an international organization of and for parents and caregivers to help loved ones recover from eating disorders by providing information and mutual support, promoting evidence-based treatment, and advocating for research and education to re
Community Living and Employment	Youth	Iowa Foster & Adoptive Parents Association	Iowa	515-229-8747	http://www.ifapa.org/	The Iowa Foster & Adoptive Parents Association serves as a resources for foster, adoptive and kinship families in Iowa.